

The Child & Adolescent Anxiety SIG Newsletter

Advancing the Science and Practice
of Youth Anxiety

November 2009, Special Issue

Letter from the editors

Dear SIG members,

Hello everyone! Here is our annual pre-conference issue of the newsletter detailing all of the exciting Child & Adolescent Anxiety SIG events planned for this year's ABCT conference. Please plan to attend this year's annual meeting which will include a presentation from Joel Sherrill, Ph.D. on the current state of and future directions for research in childhood anxiety disorders as well as a presentation from our travel award winner, Kelly A. O'Neil. In addition, this year we will be electing our new SIG Executive Committee at the CAA-SIG meeting – so be there to cast your vote! We also hope that you will come to support our CAA-SIG poster presenters at this year's SIG Poster Session and Cocktail Party.

As this is our "Big Conference Issue" we once again include extensive information about our upcoming conference, including a list of all of the child and adolescent anxiety (or related disorders) events, guidelines for the SIG poster exhibition, and more . We've also included a "lighter side" activity that might make the conference a little more fun! In addition, we've provided information about other ABCT Special Interest Groups that may appeal to members of the CAA-SIG.

Please continue to send suggestions and comments, and as always, we hope to hear from members interested in contributing to future issues of the Newsletter.

We look forward to seeing you all at the conference in New York City!

Warmest regards,
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Newsletter Co-Editors

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Child and Adolescent Anxiety Special Interest Group Program
At ABCT's 2009 ANNUAL SIG POSTER EXHIBITION
and COCKTAIL RECEPTION
FRIDAY, 6:30 – 8:30 PM, BROADWAY LOUNGE

.....

1. A unified cognitive-behavioral therapy (CBT) for adolescents with chronic pain and comorbid anxiety/depression.

Allen, L.B., Tsao, J.C.I., & Zelter, L.K.,
University of California, Los Angeles

2. Maternal control, maternal rejection, and anxiety in ethnically diverse South African children.

Benoit, K.E., Ollendick, T.H. *Virginia Polytechnic Institute and State University* Loxton, H. *Stellenbosch University*, & Muris, P. *Erasmus University Rotterdam*

3. Information processing bias and internalizing behavior problems in preschoolers.

Domingues, J., & Treadwell, K.R.H. *University of Connecticut*

4. Involuntary engagement in anxious children.

Esseling, P.G., & Chu, B.C. *Rutgers University*

5. The relative importance of peer and parental factors as predictors of social anxiety in youth

Festa, C.C., & Ginsburg, G.S. *Johns Hopkins University School of Medicine*

6. Does parental depression mediate the relationship between partner discord and childhood anxiety?

Mehta, N., Humphreys, K.L., & Lee, S.S. *University of California, Los Angeles*

7. Breaking the silence: Developing a treatment approach for selective mutism.

Monga, S., Mendlowitz, S.L., & McKenney, K. *University of Toronto*

8. Does parental anxiety contribute uniquely to child anxiety sensitivity?

Noël, V., Hall, J., & Francis, S. *Memorial University of Newfoundland*

9. A test of the cognitive content-specificity hypothesis: Examining likelihood, threat, and worry estimates across development.

Novosel, R., Herzig, K., & Treadwell, K.R.H. *University of Connecticut*

10. An initial investigation of interpretation bias in anxious youths.

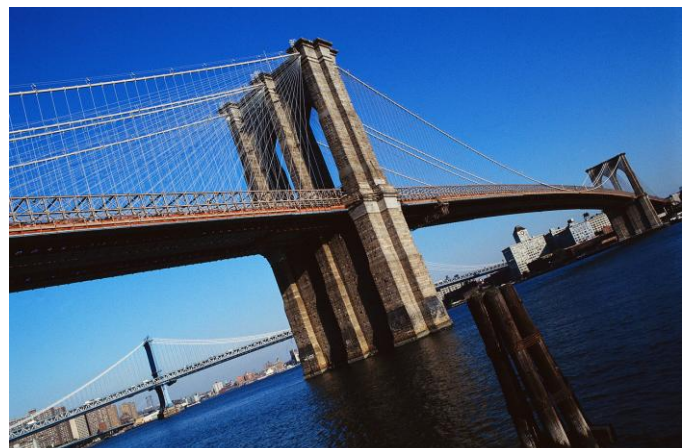
Rozenman, M., Weersing, R., & Amir, N. *San Diego State University/University of California, San Diego*

11. Are social skills deficits unique to social phobia?

Scharfstein, L., & Beidel, D.C. *University of Central Florida*





12. Interparental conflict and child anxiety

Woodruff, S.C., & Ginsburg, G.S. *Johns Hopkins University School of Medicine*



Guidelines for ABCT's 2009 SIG Poster Exposition

If your poster is selected to be one of the CAA-SIG posters to be exhibited during the ABCT SIG Poster Exposition, please prepare in accordance with the following guidelines:

-  **Poster size is limited to 18" high x 24" wide. No exceptions.** ABCT reserves the right to exclude posters larger than this size. It is suggested that presenters prepare handouts for viewers if they are not able to display all essential information on their posters.
-  **All presenters must pre-mount their posters on foam core or cardboard.** For easy viewing, ABCT will provide "easel-back" stands so the posters can be displayed on tables. These stands have an adhesive strip for easy mounting. Set up should take only a few minutes. Posters may not be displayed on hotel walls or other hotel fixtures. There are no electrical outlets available for computers or other electrical equipment. Consequently, all such equipment must rely upon batteries as a power source.
-  **Poster titles and authors will be listed in the Addendum to the Convention Program that will be included in all convention registration packets.** The Addendum will include all poster titles and authors' names which have been received from SIG Leaders.
-  **Please show up at 6:15 p.m.** All presenters must bring their posters to the SIG Poster Exposition 15 minutes before opening time for set up.

Thank you for your cooperation.

SIG STUDENT TRAVEL AWARD

CONGRATULATIONS TO:

Kelly A. O'Neil
Temple University

**Role of Comorbid Depression and Co-occurring Depressive Symptoms in
Outcomes for Anxiety-Disordered Youth Treated
with Cognitive-Behavioral Therapy**

COME SEE THE PRESENTATION AT THE ANNUAL SIG MEETING



ASSOCIATION FOR BEHAVIORAL AND COGNITIVE THERAPIES

Formerly known as ASSOCIATION FOR ADVANCEMENT OF BEHAVIOR THERAPY

Definitive Guide to Child and Adolescent Anxiety Related Conference Events

Flipping through the ABCT program book can be a little overwhelming – there are so many symposia, workshops, and poster sessions from which to choose. To make your job a little bit easier, we've put together a (hopefully) definitive list of all the child and adolescent anxiety (or related topics) conference events, in one convenient spot. We also recommend using the itinerary planner on the ABCT website. You can search topics, presenters, or times and create your own personalized schedule of events!

Looks like this year there are lots of child and adolescent anxiety talks throughout the weekend! Be sure to pace yourself and remember to hydrate! ☺

THURSDAY

CBT for Trichotillomania and other Body-Focused Repetitive Disorders

PRESENTER: Martin Franklin, University of Pennsylvania School of Medicine; Douglas Woods, University of Wisconsin - Milwaukee

Institute

1 p.m. – 6 p.m.
Harlem

Individuals who attend the workshop will: (a) develop a working knowledge of these disorders and their underlying etiology, (b) become familiar with the state-of-the-art methods of assessing the disorders, and (c) become familiar with the treatment outcome literature and with the specific techniques used to treat the disorders. Various instructional methods will be employed including didactic instructions, videotaped samples of actual treatment in both youths and adults, and role-play demonstrations. Ample opportunity will be allowed for discussion of audience members' own clinical cases and conceptual questions.

FRIDAY

Interventions for Youth Exposed to Trauma/Abuse: Understanding Change Processes

CHAIR: Esther Deblinger, UMDNJ-School of Medicine, CARES Institute
DISCUSSANT: Joel Sherrill, National Institute of Mental Health

Symposium

8:15 - 9:45 a.m.
Winter Garden/Palace

- *Trauma-Focused CBT for Young Sexually Abused Children: Optimizing Outcomes*
- *Comparison of Combined Parent-Child and Parent-Only CBT for at-Risk Parents and Children in Cases of Child Physical Abuse: An Initial Pilot Study*
- *An Integrated Treatment for Girls With Trauma and Conduct Problems*
- *Processes That Inhibit and Facilitate Change in Trauma-Focused CBT for Youth Exposed to Interpersonal Trauma*

Multilevel Predictors of Treatment Response in Child Anxiety and Depression

CHAIR: Jennifer S. Silk, University of Pittsburgh
DISCUSSANT: Joel Sherrill, National Institute of Mental Health

Symposium

8:30 – 10 a.m.
Plymouth/Royale

- *Functional Neuroimaging Predictors of Treatment Response for Depression Through the Lifespan*
- *Real-World Social and Emotional Predictors of Treatment Response for Youth Anxiety and Depression: An Ecological Momentary Assessment Study*
- *Prediction of Individual Alliance Growth Curves in CBT and Impact on Outcome*
- *Trauma, Alliance, and Outcome in CBT for Adolescent Depression*

Building an Evidence Base for Clinician Training and Implementation Procedures

CHAIR: Muniya Khanna, University of Pennsylvania
DISCUSSANT: Anne Marie Albano, Columbia University/NYSPI

Symposium

9:00 – 10:00 a.m.
Astor Ballroom

- *Large-Scale Dissemination of Evidence-Based Treatments for Children: Does Training Affect Clinician Practice?*
- *Training Practitioners in Evidence-Based Practice: Findings From a Preliminary Trial*
- *Preliminary Evaluation of CBT4CBT: Computer-Based Training for CBT for Anxious Youth*
- *Who Is Training Who? Partnering With Community Mental Health Therapists in a Test of Evidence-Based Treatments*

Advances in the Understanding of Mechanisms and Regulation of Anxiety

CHAIR: Allison Harvey, University of California - Berkeley
DISCUSSANT: David H. Barlow, Center for Anxiety and Related Disorders, Boston University

Symposium
9:45 – 11:15 a.m.
Alvin/Edison/Booth

- *Explaining Anxiety Symptoms: The Role of Experiential Avoidance and Anxiety Sensitivity*
- *Associative Conditioning Deficits: Caused by or Cause of Anxiety?*
- *The Affective Style Questionnaire: Development and Psychometric Properties*
- *Sleep Deprivation and Affect in Adolescents and Adults*

Disseminating Empirically Supported Treatments for Anxiety: Novel Computer-Based Approaches

CHAIR: Charles T. Taylor, San Diego State University/University of California - San Diego
DISCUSSANT: Nader Amir, San Diego State University/University of California - San Diego

Symposium
10:00 – 11:00 a.m.
Empire/Hudson/Chelsea

- *The CALM Study: Computer-Assisted Delivery of CBT for Anxiety Disorders in Primary Care*
- *Controlled Trial of Internet-Delivered CBT for GAD*
- *NOVA-1: Individualized Internet-Delivered Guided Self-Help for Anxiety Disorders – A Randomized Control Study*
- *Computerized Attention Training and Relaxation: Increasing Access to Evidence-Based Treatments for GAD*

The Role of Emotion Regulation in the Development of Psychological Symptoms in Youth

CHAIR: Lori Hilt, Yale University & University of Wisconsin, Madison
DISCUSSANT: Susan Nolen-Hoeksema, Yale University

Symposium
10:15 – 11:45 a.m.
Gramercy/Olmstead

- *Developmental Pathways from Early Family Stress to Adolescent Internalizing Symptoms: The Mediating Role of Emotion-Regulation Style*
- *Brooding and Reflection Among Low-Income, Treatment-Seeking Youth: A Mediation Model Predicting Internalizing and Externalizing Symptoms from Life Stressors*
- *Oh, What to Do, What to Do? The Affective Consequences of Adolescent Girls' Responses to Self-Regulatory Failure*
- *Emotion Regulation in Late Adolescence: Predicting Subsequent Adjustment in Psychological, Social, and Health Domains*

Body Dysmorphic Disorder: What You See is Not What I See

PRESENTER: Fugen Neziroglu, Bio-Behavioral Institute

Clinical Grand Rounds
11:30 a.m. – 1:00 p.m.
Manhattan Ballroom

In this presentation, Dr. Neziroglu conducts the initial consultation; the second session, illustrating engagement in therapy; and, finally, the fourth and sixth sessions, depicting CBT. During the initial consultation the client, Kathy, presents as a 24-year-old who has dropped out of school and has been unable to work consistently due to her preoccupation with her complexion and hair. She has seen many dermatologists and frequents beauty parlors and excessively buys hair products. Despite initial difficulties engaging the client, who believes only a plastic surgeon or a dermatologist can “fix” her problem, Dr. Neziroglu engages Kathy via motivational interviewing and proposing alternative hypotheses about her preoccupation. In the question-and-answer session following the demonstration, Neziroglu will discuss how to connect and engage patients in treatment.

Behavioral Treatment of Tourette's Across the Lifespan

CHAIR: John Piacentini, Psychiatry and Biobehavioral Sciences, UCLA Semel Institute for Neuroscience
DISCUSSANT: Michael W. Otto, Center for Anxiety and Related Disorders, Boston University

Symposium

12:00 – 1:30 p.m.
Plymouth/Royale

- *Comprehensive Behavioral Intervention for Tics in Children and Adults: Historical Context, Background, and Rationale*
- *Child CBITS: Long-Term Outcomes and Treatment Durability*
- *Child CBITS: Secondary Outcomes and Predictors of Response*
- *Adult CBITS: Methods, Baseline Sample, and Primary Outcomes*

The Role of Peer Relationships in the Psychopathology and Treatment of Emotional and Behavioral Disorders in Youth

CHAIR: Thomas Ollendick, Virginia Polytechnic Institute and State University
DISCUSSANT: Mitchell J. Prinstein, University of North Carolina – Chapel Hill

Symposium

12:15 – 1:45 p.m.
Schubert/Uris

- *Chronic Impairment in Peer and Family Relationships as a Vulnerability Factor to Depressive Symptoms in Adolescents in Urban and Rural China*
- *Social Skills Training for Youth With Social Phobia or Asperger's Disorder: Using Peers as Role Models*
- *Training Parents as Friendship Coaches for Their Children With ADHD*
- *Peer Relations as a Mediator of Coping Power Intervention Effects With Aggressive Children*

Fearful Brains in an Anxious World

PRESENTER: Joseph E. LeDoux, Center for Neural Science, New York University

Invited Address

12:30 – 1:30 p.m.
Broadway North

LeDoux's work focuses on the study of the neural basis of emotions, especially fear and anxiety. Central to emotional processing is the amygdala, a brain area that LeDoux and his collaborators study extensively. Using an array of methods, including

neuroanatomical, electrophysiological, neurochemical, molecular and behavioral approaches, he has contributed to the understanding of emotional learning and memory.

Filling the Gap Between Genes and Clinical Syndromes: The Search for Endophenotypes in Mood and Anxiety Disorders

CHAIR: Michelle G. Newman, Pennsylvania State University
DISCUSSANT: Robert F. Simons, University of Delaware

Symposium

1 – 2:30 p.m.
Empire/Hudson/Chelsea

- *Autonomic Dysregulation Distinguishes Individuals With GAD From Healthy and Pathological Controls*
- *A Shocking Endophenotype? Discriminant Conditioned Fear Response Predicts Duloxetine Treatment Outcome in PTSD*
- *Individual Differences in Fear-Potentiated Startle as a Function of Resting Heart Rate Variability: Implications for Panic Disorder*
- *Error-Related Brain Activity and Risk for Affective Psychopathology*

What's in a Site Difference? The Nuisance (and Revelatory Potential) of Differential Outcomes in the Age of the Multicenter Trial

CHAIR: Jonathan S. Comer, Columbia University
PANELISTS: Anne Marie Albano, Columbia University; Richard G. Heimberg, Temple University; Steven D. Hollon, Vanderbilt University; Martin E. Franklin, University of Pennsylvania; Philip C. Kendall, Temple University

Panel Discussion

1:15 – 2:45 p.m.
O'Neil

The purpose of this panel is to move the field's conversation beyond the traditional conceptualization of site-difference-as-nuisance and to begin to consider ways in which site differences can be unpacked to offer important and nuanced windows into the mediating and moderating influences of treatment setting, patient sociodemographics, treatment fidelity and flexibility, therapist expertise and allegiance, and supervision quality. Panelists will draw on their experiences as PIs on leading multicenter RCTs to offer an exchange of ideas on site differences as they relate to the interpretation of multicenter outcomes, mechanisms of change, and the implementation of established treatments across geographically dispersed patient populations treated in a diversity of settings.

Cognitive-Behavioral Strategies in Family Therapy

PRESENTER: Frank Dattilio, Harvard Medical School

Clinical Grand Rounds

2:00 – 3:30 p.m.
Manhattan Ballroom

This interview will demonstrate the use of cognitive-behavioral strategies as they are applied to family therapy. This single session demonstration will portray the use of assessment techniques, as well as case conceptualization and some early interventions for family problems.

Youth With Comorbid Anxiety and Conduct Problems: Epidemiology, Assessment, and Treatment

CHAIRS: Natoshia Raishevich and Thomas Ollendick, Virginia Polytechnic Institute and State University
DISCUSSANT: Joel Sherrill, National Institute of Mental Health

Symposium

2:15 – 3:45 p.m.
Cantor/Jolson

- *Epidemiology of Youth With Comorbid Anxiety and Conduct Problems: A Review*
- *Issues in Assessment and Case Conceptualization for Youth With Co-occurring Anxiety and Conduct Problems*
- *Comorbidity of Anxiety Disorders and Conduct Problems and the Applicability of Collaborative Problem Solving for Reducing Both*
- *Treatment of Comorbid Disruptive Behavior Disorders and Anxiety Disorders With Parent-Child Interaction Therapy*

Testing the Universality of Risk Factors for Psychopathology in Highly Stressed Youth

CHAIR: Jeremy Jay Taylor, DePaul University
DISCUSSANT: Esteban V. Cardemil, Clark University

Symposium

3:00 – 4:30 p.m.
Alvin/Edison/Booth

- *Modeling Culturally Unique and Universal Predictors of Youth Depression*
- *Specificity in the Relations Between Cognitions and Psychological Symptoms in Urban Adolescents*
- *Differential Exposure to Adverse Life Events, Coping and Internalizing and Externalizing Behaviors in Urban African-American Youth*

- *Modeling Family Support Processes in the Relation Between Stressors and Adolescent Psychopathology*

Cognitive Factors in Anxiety: New Findings and New Paradigms

CHAIR: Debra A. Hope, University of Nebraska-Lincoln

Symposium

3:30 – 5:00 p.m.
Gramercy/Olmstead

- *Age Differences in Information Processing Biases in Spider Fear*
- *Cognitive Regulation of Emotional Information: Prospective Prediction of Depression and Anxiety Symptoms Among Soldiers Deployed to Iraq*
- *Testing the Vigilance-Avoidance Hypothesis of Anxiety Using Eye-Tracking Technology*
- *Post-Event Processing: Self-Evaluation of Performance in Social Anxiety*
- *The Effect of Interpretation Training on Attention Bias in Socially Anxious Individuals*

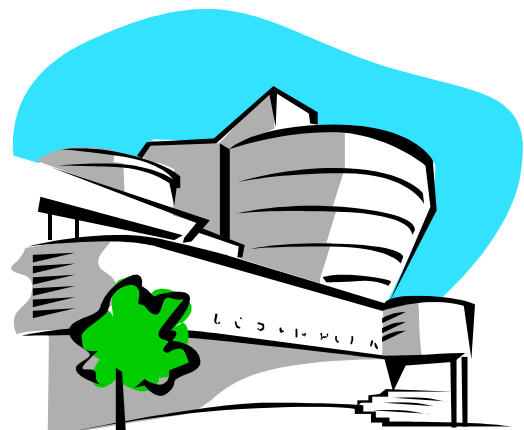
Predictors of Stress Generation: Understanding the Roles of Anxiety, Depression, and Cognitive/Interpersonal Vulnerability

CHAIR: John Haskell Riskind, George Mason University
DISCUSSANT: Lauren B. Alloy, Temple University

Symposium

3:30 – 5:00 p.m.
Astor Ballroom

- *Cognitive Predictors of Stress Generation in Adolescents*
- *Stress Generation Specificity: An Examination of Depressive, Anxiety, and Comorbid Diagnoses*
- *Cognitive Vulnerability to Anxiety in the Stress Generation Process: Interaction Between the Looming Cognitive Style and Anxiety Sensitivity*
- *Depression and Interpersonal Stress Generation*
- *Predictors of Interpersonal Stress Generation: The Joint Contribution of Depressive Rumination and Perceptions of Social Support*



Child Adolescent Anxiety Multimodal Study (CAMS): New Findings

CHAIR: Golda Ginsburg, Johns Hopkins University
 DISCUSSANTS: Scott Compton, Duke University Medical Center; Moira Rynn, Columbia University

Symposium

3:45 – 4:45 p.m.

Schubert/Uriis

- CAMS: Secondary Outcomes
- CAMS: Mediators and Moderators
- CAMS: Safety Outcomes
- CAMS: Long-Term Outcomes

SIG EXPOSITION AND WELCOMING COCKTAIL PARTY**6:30 – 8:30 P.M.****BROADWAY LOUNGE****POSTER SESSIONS: WESTSIDE BALLROOM**

8:30 – 9:30 a.m. Adolescent GAD, Trauma

9:45 – 10:45 a.m. Sleep

12:15 – 1:15 p.m. Parenting, Child Anxiety

1:30 – 2:30 p.m. OCD Spectrum and Hoarding

1:30 – 2:30 p.m. Violence, Child Maltreatment, Couples, Personality, Trauma

2:45 – 3:45 p.m. Adult Anxiety, PTSD

2:45 – 3:45 p.m. Child Development, School-Related, Depression

4 – 5 p.m. Health

4 – 5 p.m. Self-Harm, Suicide, Tic

SATURDAY**CHILD AND ADOLESCENT ANXIETY SIG MEETING: 3:15-4:45, HARLEM****Child Clinical Practice in the Real World**

PANELISTS: Abbe Garcia, Brown University; Martin E. Franklin, University of Pennsylvania School of Medicine; Douglas W. Woods, University of Wisconsin – Milwaukee; Susan White, Virginia Polytechnic Institute and State University

Case Conference

8:45 – 10:15 a.m.

Manhattan Ballroom

Is it a tic, a ritual, or a stereotypy? The topographical similarity among various types of repetitive behaviors can make this diagnostic decision difficult. In the current diagnostic system, the answer to this question would lead to three very different categories of diagnoses: a tic disorder, an anxiety disorder, or a pervasive developmental disorder, which could in turn lead to the use of different treatment strategies. Conversely, these behaviors could be conceptualized in terms of an obsessive-compulsive spectrum, which may lead to more commonalities than previously acknowledged in terms of the treatment approaches.

After a video of a patient interview is shown, each panelist/clinician will be asked:

- What is your initial diagnostic impression, based on history and interview?
- What additional data would you want?
- What would be your initial recommendations for treatment?
- What would be the goals of those treatment recommendations?
- What might be long-term treatment goals?

Friday/Saturday

Congratulations to the CAA-SIG's very own

PHILIP C. KENDALL

who will be receiving the award for

**OUTSTANDING CONTRIBUTIONS BY AN INDIVIDUAL
 FOR EDUCATIONAL/TRAINING ACTIVITIES**

the ABCT Awards ceremony

Friday 5:00 – 6:00 p.m. in the Marquis Room

Moderators and Predictors of CBT Outcome in OCD

CHAIRS: Anthony Pinto and Helen B. Simpson,
Columbia University/NYPSI
DISCUSSANT: Edna Foa, University of
Pennsylvania School of Medicine

Symposium

8:45 – 10:15 a.m.

Schubert/Uris/Plymouth/Royale

- *Moderators and Predictors of CBT for Augmenting Pharmacotherapy in OCD*
- *Does the Severity of OCPD Predict CBT Outcome for OCD?*
- *Predictors of CBT Hoarding Treatment Outcomes*
- *Does Comorbidity Impact CBT Response in Pediatric OCD?*

Transdiagnostic Treatment Strategies for Anxiety and Depression in Adolescence: A Unified Approach

PRESENTERS: Jill Ehrenreich, University of Miami;
Brian Buzzella, Center for Anxiety Related
Disorders, Boston University

Workshop

9:00 a.m. – 12:00 p.m.

Juliard/Imperial/Broadhurst

This workshop will describe and illustrate use of the Unified Protocol for the Treatment of Emotional Disorders in Youth (UP-Y), a transdiagnostic treatment approach targeting anxiety and/or depression in adolescence. The UP-Y is best conceptualized as a cognitive-behavioral treatment approach that uses a more generalized, emotion-focused framework and flexible administration (over 8 to 21 weeks) to foster applicability to an array of youth anxiety and depression symptoms. In this workshop, a comprehensive introduction to this transdiagnostic treatment will be provided using didactic materials, role-play techniques, and video vignettes of treatment strategies being utilized with adolescents. Adolescent case examples will be used to illustrate the broad applicability of this unified approach.

Recent Advances in the Psychopathology and Treatment of Anxiety Disorders in Children and Adolescents

CHAIR: Vanessa E. Cobham, University of
Queensland/Kids in Mind Research
DISCUSSANT: Thomas Ollendick, Virginia
Polytechnic Institute and State University

Symposium

9:45 – 11:15 a.m.

Alvin/Edison/Booth

- *Vigilance and Avoidance of Threat in the Eye Movements of Children With Separation Anxiety Disorder*
- *"How Anxious Do You Think I Am?": Anxiety Visibility in Socially Anxious Children*
- *A Public Health Approach to Child PTSD Following a Category 5 Cyclone: A Predictive Model Following Universal Screening and Implications for Treatment*
- *Computer-Assisted CBT for Child Anxiety: Results From a Randomized Controlled Trial*

The Dissemination and Implementation of Evidence-Based Child Maltreatment Prevention and Intervention Programs

CHAIR: Daniel Whitaker, Georgia State University
PANELISTS: Beverly L. Fortson, University of South
Carolina – Aiken; Daniel Smith, Medical University of
South Carolina; Benjamin Saunders, Medical University
of South Carolina; Shannon Brown, Georgia State
University; Lisa Ware, Psychological Services Center,
Woodland, CA.

Panel Discussion

9:45 – 11:15 a.m.

O'Neil

We will present information on the dissemination and implementation of three cognitive-behavioral programs that target different aspects of child maltreatment prevention and intervention according to the three levels of the ISF framework. Specifically, experts in Trauma-Focused Cognitive Behavioral Therapy, Drs. Saunders and Smith, will present on the dissemination of TF-CBT through web-based training. Experts in Parent-Child Interaction Therapy, which targets parental physical abuse, Drs. Ware and Fortson, will present on the use of telemedicine technology and other strategies to train community-based therapists in this model. An expert in Project SafeCare, which targets the prevention of neglectful behaviors, Dr. Self-Brown, will present on training approaches being used to implement SafeCare. The session moderator, Dr. Whitaker, will present on common challenges experienced in dissemination and implementation research. Recommendations for future work will be discussed.

Contextual Vulnerabilities to Depression: Developmental Perspectives From Childhood Through Emerging Adulthood

CHAIR: Jeremy W. Pettit, University of Houston
DISCUSSANT: Sherryl H. Goodman, Emory University

Symposium

10:00 – 11:30 a.m.

Majestic/Music Box/Winter Garden

- *Contextual Vulnerabilities to Depression: Developmental Perspectives From Childhood Through Emerging Adulthood*

- *Developmental Trajectories of Childhood Anxious/Depressed Symptoms and Adolescent Depressive Disorders*
- *Cognitive Vulnerability to Depressive Symptoms During the Transition from Early- to Middle-Childhood*
- *Developmental Relations Between Depressive Symptoms, Daily Hassles, and Major Events From Adolescence Through Emerging Adulthood*

Adolescence, Emotion, and Psychopathology

CHAIR: Allison Harvey, University of California - Berkeley

DISCUSSANT: Jennifer S. Silk, University of Pittsburgh

Symposium

10:15 – 11:45 a.m.

Marquis C

- *Pupillary Reactivity to Emotional Faces in Adolescents at High Risk for Depression*
- *Neuroticism, Cognitive Style, and Chronic Interpersonal Stress as Prospective Predictors of Depressive (and Anxiety) Disorders in Late Adolescence*
- *The Effect of Sleep Deprivation on Expression of Emotion in Adolescents*
- *Emotion Identification and Attentional Biases in Girls at High Risk for Depression*

Gender and Anxiety: Why Do Women Report More Anxiety Than Men?

CHAIR: Debra Hope, University of Nebraska - Lincoln

PANELISTS: Milena Stoyanova, University of Nebraska – Lincoln; Golda Ginsburg, Johns Hopkins University School of Medicine; Michelle Craske, University of California – Los Angeles; Holly Hazlett-Stevens, University of Nevada – Reno; Abby Fyer, Columbia University

Panel Discussion

10:15 – 11:45 a.m.

Marquis A&B

Panel members will discuss their extensive clinical and research experiences with anxiety disorders, and will provide different perspectives on this complex issue. Craske will discuss her extensive experience with adult anxiety clients and will address some potential factors responsible for the gender difference. Fyer will discuss her research in the area of familial and genetic aspects of anxiety disorders. Ginsburg will discuss her work with children and adolescents with anxiety disorders and will comment on the development of gender differences early in life. Hazlett-Stevens will review her experience with women with GAD and will address her efficacious strategies for women affected by worry. Stoyanova will review her work examining the relationship between gender and fear, and the influence of reporting biases during a behavioral task.

School Refusal and Problematic Absenteeism: Common Processes Across Disciplines, Samples, and Interventions

CHAIR: Aaron R. Lyon, University of Washington

DISCUSSANT: Christopher A. Kearney, University of Nevada - Las Vegas

Symposium

11:30 a.m. – 1:00 p.m.

Wilder

- *Diversity, Ethnic Identification, and Problematic Absenteeism*
- *School Refusal in Acute Care: Common and Unique Elements From CBT and ERP*
- *Problematic School Absenteeism in Community and Clinical Settings*
- *Evaluating the Effectiveness of a Truancy Diversion Program in Middle School: Predictors of Treatment Completion and Dropout*

Interpersonal Processes Contributing to Adolescents' Internalizing Symptoms: Implications for Research and Intervention

CHAIRS: Annette M. La Greca, Columbia University;

Joanne Davila, SUNY Stony Brook

DISCUSSANT: Jill Ehrenreich, University of Miami

Symposium

12:00 – 1:00 p.m.

Broadway South

- *Emotional Regulation Following an in-Vivo Interpersonal Stressor as a Longitudinal Predictor of Adolescent Depressive Symptoms*
- *Peer Victimization in a New Generation: Understanding Victimization via Social Networking Sites*
- *You Bring Me Down: Links Between Adolescent Girl Best-Friendship Interactions and Internalizing Symptoms*

It's never too early to begin planning for the next ABCT conference!

**ABCT 45th Annual Conference
November 18-21, 2009
San Francisco, CA**

The Mediating Impact of Cognitive Processes in Anxiety: A Test of Cognitive Models of Anxiety

CHAIR: Lata McGinn, Yeshiva University
 DISCUSSANT: Debra A. Hope, University of Nebraska - Lincoln

Symposium

12:00 – 1:30 p.m.
 Soho/Herald

- *Lifetime History of Anxiety and Mood Disorders Predicted by Anxiety Sensitivity and Looming Cognitive Style*
- *The Mediating Impact of Control Cognitions on Anxiety in Children: A Test of Chorpita and Barlow's Model*
- *Mediators of CBT Outcome in Generalized Anxiety Disorder*
- *Cognitive and Physiological Mechanisms of Panic Symptom Reduction*

Pediatric OCD Treatment Study (POTS) II: Augmentation of SRI Partial Response

CHAIR: Martin Franklin, University of Pennsylvania School of Medicine
 DISCUSSANT: John Piacentini, Psychiatry and Biobehavioral Sciences, UCLA Semel Institute for Neuroscience

Symposium

12:00 – 1:30 p.m.
 Marquis A&B

- *POTS II: Design, Rationale, and Methods*
- *POTS II: Baseline Characteristics and Implications for Generalizability to Clinical Practice*
- *POTS II: Primary Outcomes of Acute Treatment*
- *POTS II: Secondary Outcomes and Predictors of Response*

Specialized CBT for Treatment-Resistant Anxiety Disorders: What to Do When Gold-Standard Treatments Fail

MODERATOR: Debbie Sookman, McGill University
 PANELISTS: Richard G. Heimberg, Temple University; Marylene Cloitre, New York University School of Medicine; Robert L. Leahy, American Institute for Cognitive Therapy

Panel Discussion

1:15 – 2:45 p.m.
 Astor Ballroom

Richard Heimberg will examine a subset of cognitive-behavioral treatments for social anxiety that combine exposure to feared situations with cognitive restructuring. Difficulties, points of resistance, and strategies that may be invoked to overcome these during cognitive therapy. Debbie Sookman will discuss specialized CBT strategies for resistant OCD which target intolerance of distress, dysfunctional processing of threat, perceived vulnerability, and risk aversion that interfere with patients' ability to collaborate fully in exposure and response prevention or CT with behavioral experiments. Marylene Cloitre will describe a sequential treatment approach for PTSD that includes an emotion-focused skills training component followed by prolonged exposure. Finally, Robert Leahy will discuss how emotional schema therapy can help individuals with GAD to modify their beliefs and strategies regarding emotion avoidance in order to reduce reliance on cognitive strategies of worry.

The "Being Brave" Program: CBT for Anxiety in 4- to 7-Year-Old Children and Their Parents

PRESENTERS: Dina Hirshfeld-Becker, Aude Henin, Jamie Micco, Massachusetts General Hospital

Workshop

1:30 – 4:30 p.m.
 Odets

Young children present with persistent and potentially debilitating anxiety disorders at significant rates, yet most CBT protocols available for child anxiety are geared to older children. This workshop will address challenges in adapting CBT to treat anxiety in young children. We will present a manualized CBT protocol we developed: "Being Brave: A Program for Coping With Anxiety for Young Children and Their Parents." This intervention for 4- to 7-year-olds with social phobia, separation anxiety, generalized anxiety, or phobias involves parents as coaches and incorporates play and games into teaching children coping skills and facilitating exposure practice. Children treated with the "Being Brave" protocol in a randomized controlled trial showed significant improvement compared with wait-list controls, with gains maintained at 1 year. We will present a hands-on overview of the approach, including case vignettes and video excerpts.

Saturday



Emotion Regulation: A Mediator of Youth's Vulnerability to Emotional and Behavioral Problems

CHAIRS: Janice Zeman, College of William and Mary; Diana Morelen, University of Georgia
DISCUSSANT: Leslie Sim, Mayo Clinic

Symposium

1:45 – 3:15 p.m.
Marquis C

- *Child Gender and Developmental Differences in the Mediating Role of Sadness and Anger Control in the Relation Between Emotion Dysregulation and Depressive Symptomatology*
- *Emotional Reactivity vs. Regulation: Are There Distinct Pathways to Anxiety and Depression in Children?*
- *Emotion Regulation Mediates the Relationship Between Family Expressiveness and Internalizing Symptoms in Female Psychiatric Inpatients*
- *Emotion Regulation as a Mediator of the Relation Between Fathers' Punitive Reactions and Externalizing Problems in Youth*

Novel Approaches to the Treatment of OCD

CHAIRS: Sadia Najmi and Nader Amir, San Diego State University/University of California - San Diego
DISCUSSANT: Richard M. McNally, Harvard University

Symposium

3:30 – 4:30 p.m.
Chelsea/Gotham

- *Toward Predicting Outcome and Improving Access to Effective Psychological Treatments for OCD: Recent Advances*
- *Does D-Cycloserine Augment ERP Response in OCD Patients Who Have Not Responded to ERP and Serotonergic Medications?*
- *Treatment of OCD With Comorbid Eating Disorders*
- *The Effect of Attention Training on a Behavioral Test of Contamination Fears in Individuals With Obsessive-Compulsive Symptoms*

POSTER SESSIONS: WESTSIDE BALLROOM

9:45 – 10:45 a.m. Adult Anxiety and Processes

11:00 a.m. – 12:00 p.m. Adult Anxiety and OCD Spectrum

12:15 – 1:15 p.m. Assessment, Child Anxiety, Treatment

12:15 – 1:15 p.m. Child Maltreatment, Child Trauma

1:30 – 2:30 p.m.

Adolescent Anxiety,
Adolescent Depression,

2:45 – 3:45 p.m.

Adult Anxiety, Panic, Phobia

4:00 – 5:00 p.m.

Adult Anxiety, GAD, Worry

4:00 – 5:00 p.m.

Treatment, CBT, DBT

4:00 – 5:00 p.m.

Child and Adolescent,
Externalizing, Development

DANCE PARTY

9:00 – 11:00 P.M.

BROADWAY BALLROOM

SUNDAY**Neurobiological Correlates of OC-Spectrum Disorders: Cognitive, Imaging, and Clinical Comparisons**

CHAIR: Susanna Chang, UCLA Semel Institute for Neuroscience and Human Behavior
DISCUSSANT: BJ Casey, Weill Medical College of Cornell University

Symposium

8:30 – 10:00 a.m.
Soho/Herald

- *Neuropsychological Functioning in Children With Tourette's Syndrome With and Without ADHD*
- *Neurocognitive Correlates of Brief Intensive CBT Response in Adult OCD*
- *Deficient Frontostriatal Functioning in Tourette's Syndrome*
- *Neural Changes Associated With Behavior Therapy for Tourette's Disorder: The Adult Comprehensive Behavioral Intervention for Tics Study*

Idiographic Research: An Approach for Understanding Mechanisms of Change in Youth Psychotherapy

CHAIRS: Matthew Jarrett and Thomas Ollendick, Virginia Polytechnic Institute and State University
DISCUSSANT: David H. Barlow, Center for Anxiety and Related Disorders, Boston University

Symposium

9:30 – 10:30 a.m.
Odets

- *Doing More With Less: (Re)focusing Clinical Psychology on the Study of Change Within Individuals*
- *Analytic Approaches to Clinical-Case-Based Data: Challenges, Opportunities, and Future Directions*
- *The Treatment of Comorbid ADHD and Anxiety in Children*
- *A Multiple Baseline Evaluation of Treatment for Comorbid Conduct Problems and Depression: Understanding Change Processes*

Neurocognitive, Autonomic, and Experiential Dimensions of Change During Exposure-Based Treatments of Anxiety Disorders

CHAIRS: Alicia E. Meuret and David Rosenfield, Southern Methodist University
DISCUSSANT: Michelle Craske, University of California, Los Angeles

Symposium

11:30 a.m. – 1:00 p.m.
Ziegfeld

- *Time Course of Changes in Interpretation Bias and Symptom Reduction in Treatment for Panic Disorder*
- *Pathways of Biobehavioral and Cognitive Changes During in-Vivo Exposure in Panic Disorder and Agoraphobia*
- *Functional Neuroanatomical Substrates of Fear Extinction During Exposure Therapy for Specific Phobia of Spiders*
- *Exposure Therapy for Acrophobia: Does Within-Session Habituation Matter?*

The Use of Observational Measures in Youth Psychotherapy Process Research

CHAIRS: Ruth C. Brown and Michael Southam-Gerow, Virginia Commonwealth University
DISCUSSANT: Bryce McLeod, Virginia Commonwealth University

Symposium

11:30 a.m. – 1:00 p.m.
Wilder

- *The Present and Future of Process Research on Family-Based Treatment for Adolescent Substance Use: Observational Measures Can Lead the Way*
- *Homework Adherence and Therapist Behaviors in CBT for Adolescent Depression: Observational Coding Challenges*
- *Sampling Decisions and Aggregation of Data in an Observational Study of Exposure Treatment for OCD*
- *Practice-Based Evidence: Using Behavioral Coding to Enhance the Evidence Base for School-Based Treatment of Adolescent Depression*
- *Development of an Observer-Rated Measure of Common-Factor Therapist Competence*

POSTER SESSION: WESTSIDE BALLROOM

9:00 – 10:00 a.m. Child Anxiety, Development, Comorbidity

Sunday



CALENDAR

44th Annual ABCT Convention in New York, NY

November 19-22, 2009

CHILD AND ADOLESCENT ANXIETY SIG

ABCT Events and Awards

SIG POSTER EXHIBITION & COCKTAIL RECEPTION: FRIDAY, 6:30 – 8:30 PM, BROADWAY LOUNGE

Come support the research of SIG member research groups from across the country and beyond.

SIG Poster Award:

All students identified as first author on posters displayed at Poster Exhibition will be eligible for "The Child and Adolescent Anxiety SIG Poster Award" for excellence in child and adolescent anxiety research, including a **\$50 cash award and certificate of accomplishment.**

ANNUAL SIG MEETING: SATURDAY, NOV 21, 3:15-4:45, HARLEM

- Welcome, Discussion of any new business, Introduction of Student Poster Award Winner and other honored guests
- Introduction of new CAA-SIG leader, **Muniya Khanna, Ph.D.**
- Recognition of the CAA-SIG poster presentation winner
- Discussion of upcoming CAA-SIG sponsored preconference meeting at WBCT
- Voting on new CAA-SIG Executive Committee positions
- Presentation by **Kelly O'Neil, 2009 CAA-SIG Student Travel Award Winner**
Role of Comorbid Depression and Co-occurring Depressive Symptoms in Outcomes for Anxiety-Disordered Youth Treated with Cognitive-Behavioral Therapy
- Keynote presentation followed by discussion and questions for our distinguished speaker

Keynote Address:

Treatment Research for Childhood Anxiety Disorders: Current Status and New Directions

Joel Sherrill, Ph.D, Program Chief, Child and Adolescent Treatment and Preventive Intervention Research Branch, National Institute of Mental Health

We are thrilled to have Dr. Joel Sherrill, Chief Program Officer at the Child and Adolescent Treatment and Preventive Intervention Research Branch of NIMH present the latest research findings regarding the current state of childhood anxiety research and where the field may be headed.

New York, New York

As the song says, "It's a wonderful town!" We know that you all are going to be diligently attending conference events from sun up to sun down, but just in case you manage to find a little bit of extra time, you should definitely explore the city. Luckily for you, two of our three CAA-SIG newsletter editors are currently New Yorkers and the third just left the Big Apple. So below are some recommendations from the locals (complete with handy hyperlinks for those of you viewing this online). For more recommendations, be sure to stop by the local arrangements committee booth!

MUSEUMS:

[The Cloisters](#)

[Frick Collection](#)

[Guggenheim](#)

[Metropolitan Museum of Art](#)

[Museum of Modern Art \(MoMA\)](#)

[Museum of Natural History](#)

[Whitney Museum](#)

THINGS TO SEE OR DO:

[Broadway show \(day of tickets\)](#)

[Broadway show \(planning ahead\)](#)

[Bronx Zoo](#)

[Central Park](#)

[Central Park Zoo](#)

[Ellis Island](#)

[Empire State Building](#)

[Grant's Tomb](#)

[New York Public Library](#)

[Radio City Music Hall](#)

[Rockefeller Center](#)

[Staten Island Ferry](#)

[St. Patrick's Cathedral](#)

[Statue of Liberty](#)

[World Trade Center Visitors Center](#)

AREAS TO EXPLORE:

Chinatown (From Canal to Bowery, Worth St to Baxter St – dim sum, yum!)

Greenwich Village (Broadway to the Hudson River, Houston St to 14th St – bars, coffee shops)

Ground Zero (Area between Church, Liberty, and Vesey Streets)

Koreatown (5th and 6th Aves between 31st and 36th Sts – Korean BBQ and karaoke!)

Little Italy (Mulberry St between Broome and Canal – Italian restaurants and cafes)

SoHo (Houston to Canal, Lafayette to West Broadway – great shopping!)

RESTAURANTS (TIMES SQUARE AREA):

Carmine's

200 West 44th St, 212-221-3800

This family-style Italian food staple is great for groups, but be sure to make a reservation. Tip: go after 8pm to avoid the large pre-theater crowds.

Sushi Zen

108 West 44th St, 212-302-0707

Serves up the best sushi of the theater district.

John's Pizzeria

260 West 44th St, 212-391-7560

This world-renowned and legendary NYC institution offers a place where New Yorkers and tourists alike come to enjoy some of the city's finest brick oven pizza in a grand space that used to serve as a Gospel Tabernacle Church. There are no reservations, so arrive after 8pm to avoid the pre-theater crowd.

Ben's Delicatessen

209 West 38th St, 212-398-2367

Some of the yummiest kosher dining in the Times Square area

The Five Napkin Burger

45th St and 9th Ave

A great neighborhood restaurant, offering a gourmet burger, as well as hand-crafted sushi and a full range of salads and entrees. We recommend ordering the signature "5 Napkin Burger" – 10 ounces of fresh ground chuck topped with Gruyere cheese, caramelized onions and a rosemary aioli.

Zen Palate

663 9th Ave, at 46th St, 212-582-1669

This restaurant offers delicious fusion vegetarian fare, synthesizing diverse culinary styles from around the world such as Japanese, Indian, Malaysian, Mexican, and Italian.

44 & X Hell's Kitchen

622 Tenth Ave, 212-977-1170

One of the best brunches in the area.

Marseille630 9th Ave, 212-333-2323

Flavorful and authentic cuisine offers a mix of French, Italian, Greek, and North African influences. Popular dishes include Bouillabaisse, short ribs, and fresh pastas. The steak frites are perfect.

HK Restaurant523 9th Ave, corner of 39th St, 800-781-0466

Chic interior and innovative cuisine make this ultra modern hot spot a favorite for hip and style-conscious New Yorkers.

RESTAURANTS (OTHER NEIGHBORHOODS):

East Village: **Mercadito** (upscale decadent taqueria), **Little Frankies** (hip Italian Village staple), **EU** (Nice Euro gastropub)

Lower East Side: **Katz Delicatessen** (city's best corned beef, location of "I'll have what she's having" scene from When Harry Met Sally),

Pala (unusual Roman style pizza), **Congee**

Village (weird & wild Chinese eating complex)

SoHo, Nolita: **Jane** (solid, creative American fare), **Café Gitane** (Neighborhood French café), **Café Habana** (packed Cuban dive), **Lombardi's** (great NYC pizza), **Kittichai** (Thai food for scenesters and celebs)

West Village/Chelsea: **Home** (Tiny spot with a local food focus), **Café Asean** (Cheap, arty Asian fusion), **Klee** (meticulous, modern, and fresh Austrian food)

Flatiron/Grammercy: **Turkish Kitchen** (delicious and authentic), **Tabla** (haute Indian, delicious), **Dosa Hut** (Southern Indian)

East Midtown: **Dawat** (Upscale Indian), **Sip Sak** (tremendous Turkish joint), **Beekman Bar and Books** (unique cigar bar)

Upper East Side: **El Paso Taqueria** (delicious, cheap, and friendly), **Alice's Teacup** (cute and kid friendly), **Corner Bakery** (amazing brunch)

Upper West Side: **Popover Café** (great warm vibe), **Good Enough to Eat** (perhaps the best brunch in the city, but you'll have to wait for a table), **Café Ronda** (Solid, affordable Argentinian food)

SWEETS**Junior's Most Fabulous Cheesecake and Desserts**

Brooklyn – 286 Flatbush Ave Extension

Manhattan – West 45th St between Broadway and 8th Ave.

You haven't tasted New York Cheesecake until you have had Junior's. The original location in Brooklyn is a bit of a trek from the convention, but fortunately for you and your taste buds, there's a Times Square location around the corner from the conference. After your meal, if you've fallen in love with your cheesecake, you can ask them to ship additional cheesecakes to your home. Hands down this is the greatest cheesecake on Earth.

Magnolia Bakery

Downtown – 401 Bleeker St

Midtown—1240 Ave of the Americas

Upper West Side—200 Columbus Ave

NYC bakery best known for its cupcakes, Depression-era ice box cakes, and long lines out the door as late as 11:30 pm. Regrettably there's a limit of 12 cupcakes per customer. Also, try the bread pudding if there's any left. Saturday Night Live fans will remember the bakery from the SNL Digital Short "The Chronic(what)cles of Narnia."

Momofuku Milk Bar (202 2nd Ave, East Village)

This dessert bar was opened by prized chef David Chang as the desert wing of his NYC culinary empire. Momofuku Milk Bar brings high brow culinary skill and detail to low brow taste buds. Late night crowds gather for such kid-inspired concoctions as "cereal milk" (i.e., ice cream made from milk after breakfast cereal has been soaked in it) and other Willy Wonka-esque pastries and cakes. Save room for the cookies!



SIG Executive Committee Nominations

By now you should all have received the e-mail regarding SIG Executive Committee nominations. Please send nominations (and don't be shy – it's okay to nominate yourself) to incoming SIG Leader, Muniya Khanna at muniyac@hotmail.com.

Nominations are due by **November 15**, no exceptions. Voting will take place at the CAA-SIG meeting at ABCT **Saturday, November 21, 3:15-4:45pm, Harlem**, so please plan on attending this very important meeting.

Below are descriptions of the positions. All positions are two-years in duration.

LEADER-ELECT – The Leader-Elect will be slated to be the SIG Leader for the upcoming 2013-2015 term. The Leader-Elect will spend the current term training in preparation to take over as SIG Leader so that there may be a smooth transition at the beginning of the upcoming term. The SIG Leader serves as the primary contact and coordinator of all events, awards, and membership communications for the SIG. These include coordination of annual ABCT SIG meetings, SIG-sponsored pre-conference meetings, the SIG Student Travel Award, SIG Student Poster Award, SIG Newsletter, Listserve and Website, and improvement initiatives to foster member communications and increase SIG member participation and recruitment. Following a two-year term as Leader-Elect, the person serving in this position will commence a two-year term as SIG Leader.

STUDENT REPRESENTATIVE – The Student Representatives serve as liaisons between the SIG Executive Committee and the student membership – raising any student concerns, initiating and helping to oversee student specific programs (e.g., CAA-SIG Student Travel Award), and informing the committee about student interests and needs. The Student Representative is responsible for contributing to the SIG Newsletter “Student Corner.” These articles are meant to be particularly informative for the student membership. For example, past articles have included “Tips for Completing the Dissertation,” “Tips on Applying for Internship,” and “Mastering your Anxiety about the Internship Application Process.” Student Reps must be pre-doctoral student members.

NEWSLETTER CO-EDITOR – The SIG Newsletter is a quarterly newsletter that is distributed to the SIG membership and posted on the SIG Website. In many ways, the Newsletter functions as the main forum for communication and discussion between members throughout the year. Editors have the unique opportunity to determine the topics covered by the Newsletter and the style of the Newsletter as a whole. Past editors have created “Special Issues,” which have focused on everything from research updates to clinical tools and strategies. Editors coordinate the calls for submissions, editing and organizing the content, and creating the final layout for each edition.

MEMBERSHIPS/TREASURER – The Treasurer is primarily responsible for maintaining the SIG budget, collecting membership dues, and keeping the SIG up to date on annual budget and membership numbers. The Treasurer also distributes funds for expenses such as event costs and award monies, and collects payments for registration fees for SIG events. The Memberships/Treasurer must be particularly detail-oriented given that he/she holds the responsibility of maintaining all financial records and the membership roster for the SIG.



We hope that you consider the **Child and Adolescent Anxiety Disorders SIG** to be your professional home within **ABCT**. But for those of us interested in child and adolescent anxiety disorders, there are some other SIGs that may also be appealing. You may want to attend their meetings, or maybe just check out their posters at the SIG Poster Exposition. This provides a great opportunity for our groups to cross-pollinate and collaborate!

Anxiety Disorders

SIG Leader: Alicia Meuret

Friday 10:00 – 11:30 a.m.

Harlem

Child and School-Related Issues

SIG Leader: M. Terjesen

Sunday 11:30a.m. – 12:30 p.m.

Hart

Child Maltreatment and Interpersonal Violence

SIG Leader: S. DeGue

Saturday 2:00 – 3:30 p.m.

Columbia

Disaster and Trauma

SIG Leader: E.I. Koch

Saturday 2:30 – 4 p.m.

Palace

Insomnia and Other Sleep Disorders

SIG Leader: Collen E. Carney

Saturday 9:15 – 10:45 a.m.

Palace

Parenting and Families

SIG Leader: Camilo Ortiz

Saturday 12:45 – 2:15 p.m.

Palace

Tic and Impulse Control Disorders

SIG Leader: Christine A. Conelea

Saturday 12:15 – 1:45 p.m.

Columbia

Don't miss **Dr. Joel Sherrill's** talk entitled:

Treatment Research for Childhood Anxiety Disorders:

Current Status and New Directions

For a fascinating look into the where research in child anxiety disorders is and where it needs to go. A must-see presentation for anyone interested in child and adolescent anxiety research from the Program Chief at NIMH's Child and Adolescent Psychosocial Intervention Program
CAA-SIG meeting: Saturday 3:15-4:45, in the Harlem Room

Students' Corner

We know that graduate students, post-docs, and young professionals make up the bulk of our membership. As such, here are some ABCT presentations that are just for you!

FRIDAY

Internship Training Site Overview

8:45-10:15 a.m.

Marquis B&C

Postdoctoral Paths for Professional Development

10:30 a.m. – 12:00 p.m.

Marquis B&C

How to Get Published in Cognitive and Behavioral Practice

11:45 a.m. – 12:45 p.m.

Columbia

Student SIG meeting

11:45 a.m. – 12:45 p.m.

Harlem

What Every Graduate Student, Post-Doc, and Early Career Professional Needs to Know about the National Institutes of Health Loan Repayment Programs

1:00 – 2:30 p.m.

Cantor/Jolson

Overcoming the Glass Ceiling - Lessons Learned and Lessons to Give: A Conversation with the Trailblazers

2:45 – 4:45 p.m.

Broadway North

SATURDAY

Getting in and Succeeding in Graduate School in Clinical Psychology

10:15 – 11:45 a.m.

Chelsea/Gotham

Stand out from the Crowd! Board Certification in Cognitive & Behavioral Psychology

10:30 – 11:30 a.m.

Brecht

Roadmaps for Success in Behavioral Medicine and Health Psychology

11:30 a.m. – 12:30 p.m.

O'Neil

SUNDAY

Bridging the Gap between Academia and Clinical Practice: Strategies for Establishing and Maintaining an Evidence-Based Practice

8:00 – 9:30 a.m.

O'Neil

On the Lighter Side

ABCT BINGO

Want to make your time at the conference even more fun? Try playing ABCT BINGO – every time you spot one of the people or hear about one of the topics listed below, check off the box.

Five in a row makes BINGO! (No prizes...just pride!)

B	I	N	G	O
Panic Disorder	John Piacentini	Anxiety Sensitivity	Exposure Therapy	Specific Phobia
Randomized Clinical Trial	CAMS	Dissemination	Tom Ollendick	Social Phobia
Phil Kendall	GAD	FREE SPACE	POTS	Anne Marie Albano
Child Anxiety	CAA-SIG Leader (past or present)	Golda Ginsburg	fMRI	Relaxation Techniques
Emotion Regulation	Evidence-based Practice	OCD	Separation Anxiety	Adolescent Anxiety

2009 New Member/Membership Renewal Form

Child and Adolescent Anxiety

Special Interest Group

Association for Behavioral and Cognitive Therapies

Name: _____
Title: _____ Degree _____
Address: _____

Phone: _____
Fax: _____
Email: _____
Web Page: _____

Membership Status (check one):

Professional _____ Student _____
\$10 (US funds) \$5 (US funds)
for one year for one year

**Fees received after 12-31-09, will be subject to a \$5 late fee.

Are you an ABCT member or student member?

YES _____ Note: You must be an ABCT member to join the Child and Adolescent Anxiety SIG.
NO _____

Would you like to join the Child and Adolescent Anxiety SIG Listserv:

YES _____ (make sure email address is included above)
NO _____

To initiate your membership:

Please send a check or money order (in US funds), payable to Child and Adolescent Anxiety SIG, to : **Ellen Flannery-Schroeder, Ph.D., Department of Psychology, University of Rhode Island, 10 Chafee Road, Suite 8, Kingston, RI 02881** e-mail: efschroeder@uri.edu

OR

Use Paypal in 6 easy steps:

1. Go to www.paypal.com. To complete the following steps, you must be a registered PayPal member. If you aren't registered already, follow their directions to "Sign Up," then continue with the following steps:
2. Login to your account.
3. Click on the "Send Money" tab.
4. Enter childanxietysig@yahoo.com as the recipient's e-mail address.
5. Enter the amount and currency type, then hit "Continue."
6. Enter credit card information, review, and hit "Send Money."